



Wellsprings Village, Inc.

"To provide a safe, growthful environment for homeless and abused women. We seek to empower them to become economically, emotionally, self-sustaining, contributing members of society."



A Publication of Wellsprings Village, Inc.

Second Quarter

Founder's Luncheon



Susan Garrett Baker

On Friday, April 20, a wonderful luncheon took place at the Junior League of Houston. It was the third annual Founders Luncheon for Wellsprings Village, honoring our marvelous founders, Sr. Rita Owens and Sr. Justin Farinella. Our guest speaker was Susan Garrett Baker, author, advocate for the homeless, and wife of James Baker III. Mrs. Baker was outstanding, as was our

mistress of ceremonies, Fran

Fawcett Peterson. Both Fran and Susan lauded the two sisters and Wellsprings' mission to homeless women.



Sister Rita Owens, Fran Peterson, Susan Baker, Valerie Beckham (in background), Sister Justin Farinella (in foreground)

We had about 150 persons attending, who were treated to a delicious lunch and silent auction. Mrs. Baker also had copies of her book, Passing It On, which she sold.



Molly Roe, Terry Stracke, Mary Ann Geist

It was very popular, and she was so gracious to personally autograph copies for those who asked her. We could have not asked for a better luncheon event.

We give many thanks to luncheon chair, **Mary Lou Kelly and Terry Stracke**, who managed all the reservations.



A packed house!

Wellsprings Makes a Difference

Hope-springs.....

Hope-springs is a regular feature in our newsletter providing updates on present and former residents. To protect their privacy and maintain security, their names are not used.

“Mary T” came to Wellsprings under court recommendation and stayed for eight months. She came from the WHO-A program which is treatment in lieu of incarceration. While here, she attended onsite meetings, job search programs, court mandated meetings, and enrolled at Houston Community College. After diligently looking for work, she was successful. Miss T reunited with her family, after completing the court’s requirement.

“Emily S” was at Wellsprings for about 5 months. She came as a result of being asked to move out by relatives. She attended onsite meetings, as well as job search programs. After job searching for a while, she obtained employment. She decided to move back with relatives since she is now able to contribute financially to the household.

ML is a current resident who has been at Wellsprings Village for three months. She left a domestic violence situation that had previously stifled her growth. She obtained employment at a local store chain and received a promotion in customer service within a month. She is receiving ongoing counseling to address her domestic violence issues. She also participates in life skills, conflict resolution, and peer group meetings. She is saving money and anticipates moving into her own apartment in the next six months.

From the Executive Director By Valerie Beckham



Wellsprings is excited about the lineup of educational classes that recently began in May 2012. Working in conjunction with the Women’s Resource Exchange, an eight week Money Smart financial education class began and is being facilitated by a volunteer financial professional. Additionally, several new extended series (12 – 14 weeks) began that included Anger Management for Women and Life Operating Principles. These classes are designed to teach critical life skills to the women that will assist them in becoming economically and emotionally self-sustaining. Women in recovery at Wellsprings continue to access weekly for Relapse Prevention and Sober Support. We are very grateful for Change Happens staff, Debra Veals and Albert Douglas who show up every week rain or shine to provide Wellsprings residents with job readiness and job search assistance. They have been extremely effective in helping unemployed and underemployed residents obtain employment.

Wellsprings also added a Health and Wellness class during May that is being hosted each week by Dr. Brian Edward Horn. Dr. Horn was introduced and highly recommended to Wellsprings by Mary Cox, an active member of Wellsprings Guild. Dr. Horn is a Principled Chiropractor and is volunteering his services each week for the women. Dr. Horn provides valuable information to the women each week in order to enhance their ability to understand how their bodies should function when it is in balance. Dr. Horn’s practice, Life Family Chiropractic, is located in Missouri City, Texas.

Kudos to our Executive Director

While working full time at Wellsprings Village, our intrepid Executive Director also was working to complete a masters degree. This past May, she received her Master of Science Degree in Addiction Counseling from Grand Canyon University.

Congratulations Valerie!!



Staffing News

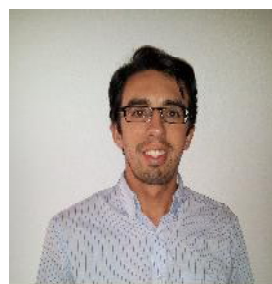


Wellsprings staff officially started a new component to their outreach efforts to help increase awareness of our program services as well as to increase referrals for program

admission. Historically, the Program Liaison and Client Advocate have been the primary staff members that conduct outreach and network within the community. Wellsprings support staff are actively involved in the initial telephone screening of applicants and they are taking their skills and knowledge of the program to the next level. Lead Resident Technician, **Monique Douglas** and Tech Support Staff, **John Glover** enthusiastically took to the streets during the month of May and passed out flyers and talked to various service providers and other individuals that work with the homeless. Additional outreach days have been scheduled in the coming weeks and other program support staff will participate as needed. We look forward to increasing our network of collaborations with other agencies in our community.



Congratulations go out to Donna Lucas! Ms. Lucas is a Resident Technician here at Wellsprings and recently graduated with a Master's Degree in Economics from Louisiana State University in May 2012. We are very proud of her educational achievement and wish her the best in her future endeavors.



Wellsprings would like to welcome Desmond Startin as our full time Financial Administrator. Desmond is very enthusiastic about his position here at Wellsprings and he is certainly an asset to the organization.

Pertinent Information

Wellsprings provided the following for residents during 2011:

- 936 loads of laundry
- 3,999 bus rides
- 12,775 overnight stays
- 51,206 meals provided
- 7,425 van rides
- 972 personal items provided in Welcome Packs (packs contain toothbrush, toothpaste, deodorant, wash cloth, bath towel, lotion, shampoo, conditioner, soap)

Wellsprings spent \$4,310 on food from the Houston Food Bank....food was valued at \$40,940 which gives us an in-kind value for the food of \$36,630. If you calculate what we *actually spent* (\$4,310) with the number of women served (135) it cost us .09 per day to feed each resident over the course of the year.

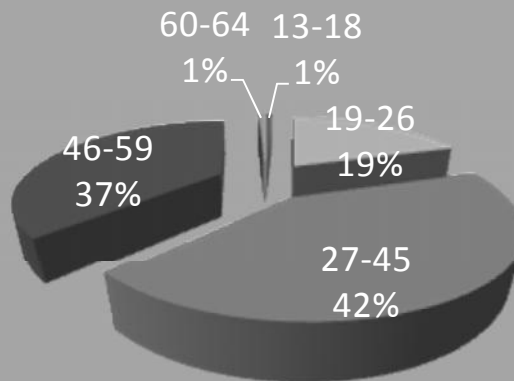
You can help

The average electric bill for one house, for one month is: \$232.00
The average gas bill for one house, for one month is: \$58.00
The average water bill for one house, for one month is: \$ \$150.00
Cost of counseling for one resident per month is: \$250.00
Cost of a bus pass for one resident per month is: \$30

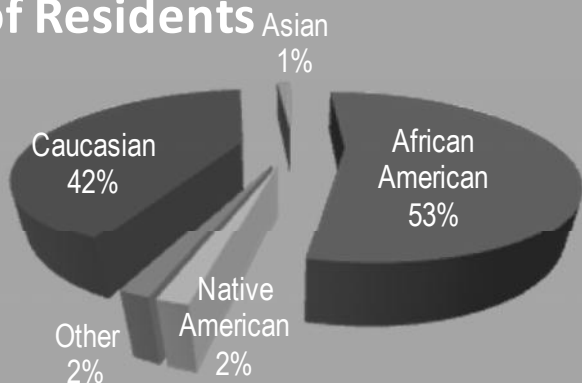
Wellsprings Village 2011 Annual Report

During this fiscal year we assisted 135 women, of which, one was in the 13-18 age group; 26 in the 19-26 age group; 57 were in the 27-45 age group; 50 were in the 46-59 age group and one was in the 60-64 age group.

2011 Ages of Residents



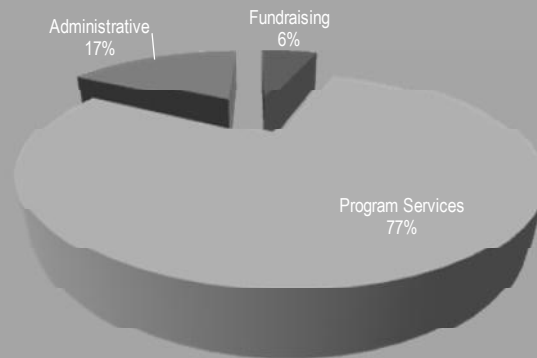
2011 Ethnicity of Residents



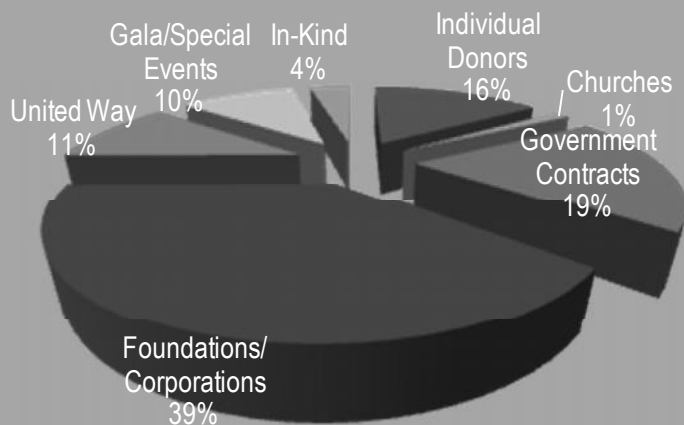
Of the 135 women served, 72 were African American; 57 were Caucasian; 2 Native American; 2 Asian/Pacific Islander and 2 Other.

Our expenses totaled \$663,059.30, with \$494,130.95 spent on program services; \$110,076.09 for administrative services; \$37,052.22 for fundraising

2011 Expenses



2011 Revenue



Our revenue sources totaled \$679,889.68. Foundations and corporations made up the largest portion with \$267,786.19. Next came government contracts of \$132,147.43. Individual donors contributed \$105,159.59. Our affiliation with United Way accounted for \$74,184.80. Wellsprings Guild's Annual Gala and other fundraising events brought in \$70,673.43. Churches donated \$8,861.74 and in-kind donations were valued at \$26,093.50

The Residents in 2011...

Wellsprings Village, Inc. served 135 women in the onsite transitional residence program. The residents were diverse in background, in culture, and in race, which included African-American, Caucasian, Hispanic, Asian/Pacific Islander, and Native American. Some stayed only a short time (a month to two months) and others needed a longer period of time (16 months).

Wellsprings offers the following services to its clients:

- Case management
- Transportation in the form of bus passes
- Supplemental medical (assistance with medications, glasses) and dental care
- Clothing, personal supplies, household items, and household furnishings
- Counseling (individual & group)
- Life skills workshops
- Spiritual growth and development

Staffing...

The staff as of December 2011, consisted of the following: Valerie Beckham (Executive Director), Desmond Startin (Part-Time Bookkeeper/Accounting Assistant), Alonda Scott (Client Advocate/Program Liaison), Ann Taylor (Part-Time Client Advocate), Cheryl Pratts (Resident Coordinator), Monique Douglas (Lead Technician), Cassandra Bennett (Part-Time Technician), Stephanie Fowler-Islas (Part-Time Technician), Donna Lucas (Part-Time Technician), Charlotte Hypolite (Part-Time Technician), Juanicia Lee (Part-Time Technician), Nirra Lockhart (Part-Time Technician), and John Glover (Night Patrol/Tech Support).

VOLUNTEERS...

102 unduplicated volunteers contributed 2,818 hours of service. These community members dedicated and committed to the mission of Wellsprings, provided leadership, spent many hours raising funds, and organized special events for the women.

Funding...

Wellsprings Village, Inc. was fortunate to receive funding from the following sources: United Way of Greater Houston, Housing and Urban Development (HUD), Child Care Council of Greater Houston, foundations, churches, individual donors and special fundraising events.

Remember Wellsprings Village, Inc. in Your Will!

A gift designated in your WILL to Wellsprings Village, Inc. can make a great difference for the women in the Program. You will be providing the opportunity for them, and ultimately their families, to rebuild their lives. With your help the women may become self-supporting and eventually contributing citizens themselves, helping others in return who are in need.

Future generations will be helped through your gift!

Friends of Wellsprings Village

*Wellsprings Village gratefully acknowledges the generosity of our patrons for
January 2012 through June 2012*

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Due to limited space, we are unable to individually thank all the generous people and groups who donated food, clothing, household goods, furniture, etc. to Wellsprings Village, but we give our heartfelt thanks for your support. Please let us know if your name was accidentally omitted.



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www.wellspringsvillageinc.org

*Have you sent in your change for change yet?
Keep a jar on your desk at work and tell everyone about Wellsprings.*



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Wellsprings Village 5th Annual Golf Tournament

*Tuesday, October 9, 2012
Quail Valley Golf Course*

*Save the date and get your foursomes
together.*



Wellsprings Guild Annual Gala

"Boots and Baubles"

*Friday, November 9, 2012
Westin Houston Hotel
Memorial City*

