# Have you sent in your change for change yet? Keep a jar on your desk at work and tell everyone about Wellsprings





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# **Wellsprings 6th Annual Charity Golf Tournament Sponsored by The Marek Family Foundation**

The Golf Club at Cinco Ranch 23030 Cinco Ranch Blvd. Katy, Texas 77450 (832) 771-3464



Tuesday, September 17, 2013 See inside for registration details. Please Post and fill up a foursome.





# Wellsprings Village, Inc.





Sandee Horton, Alice Calvin. St. Clare Seifert



Sr. Justin, Archbishop Joseph Fiorenza



Wellsprings staff: Ann Taylor and Alonda Scott

# 4th Annual Founders Luncheon Celebrating 25 Years of Wellsprings



Sr. Rita, Sr. Justin



Guest speaker Shannon Deitz



Board president Carole Updyke with husband Joe



Standing: Ann Bailey, Sr. Rita Owen, Ann Pinion, Molly Roe Seated: Sr. Justin Farinella, Jane Smith



Ward Arendt, Bill Kelly and Conlin Brogan

Emcee Ray Holtzapple

### From the Executive Director By Valerie Beckham



In October 2012, Wellsprings began to use Rapid Re-housing Funding that was received from the Texas Department of Housing & Community Affairs. This funding is in addition to the funding that we currently receive from them to provide services at the Village location. To date, Wellsprings has been able to rapidly re-house seven families into their own apartments! Once the families have been stably housed, they are provided case management to ensure they remain stably housed. We are proud of being able to provide this one-time assistance to homeless families in our community. We continue to solicit your prayers for Wellsprings continued endeavor to provide housing and services to homeless women.

## Hope-springs.....

Hope-springs is a regular feature in our newsletter providing updates on present and former residents. To protect their privacy and maintain security, their names are not used. These are comments from the actual women on what Wellsprings meant to them

- I, RT, came to Wellsprings several months ago with little or no hope of getting my life together. I had no job no hope of getting one. I trusted no one and didn't allow anyone to get close to me. While at Wellsprings I attended various classes that taught me to believe in myself and that you had to trust someone at some time. I now have a full time job and left Wellsprings to my own apartment. I now have confidence in myself..
- I, TJ, entered Wellsprings with a chip on my shoulder. I soon learned that you could not last very long at Wellsprings acting the way I was. I attended Anger Management, Relapse Prevention and Employment Services. I found a full time job, saved my money and moved into my own apartment.
- I, CD, entered Wellsprings directly from the WHOA program. I realized that I was given another chance to get my life together. Once entering Wellsprings I took advantage of all the services that they offered. I was always supported by the staff. I managed to get a full time job, saved my money and learned how to manage my time. I am now moving to my own apartment and looking forward to the future with peace.

## Spotlight on Volunteers

Scott Hastings:

Scott has worked on all kind of washers and dryers for the last 25 years. He will take old washers and dryers, fix them almost like new. He often says, "It may not look the best but it sure will get the job done and the price is right". Scott came to Wellsprings Village approximately two years ago to fix one of our washers. While talking to our Resident Coordinator, he inquired about the nature of Wellsprings. She told him about the two founders, their dream and the many domestic abuse and homeless women Wellsprings has served over the years. He explained that he had decided to turn his life around and volunteer to feed the homeless at his church every Wednesday evening. He decided to make Wellsprings his second ministry... as far as taking care of our washers and dryers.



He will come out any evening of the week except Wednesdays because he does

take feeding the homeless very seriously at his church. When he can't fix the problem we know that he will return with another washer or dryer at as little cost to the facility as possible. The women know when they see the green van come through the gate our troubles are over as far as washing and drying are concerned.

Scott also belongs to an outdoor motorcycle club church where he helps out with the homeless and less fortunate than himself. Scott has been clean and sober for seventeen years and surely is an inspiration to others when it comes to changing different aspects in your life.

Thank you, Scott, from all of us at Wellsprings. You truly take your ministry seriously and you are the answer to our prayers. Congratulations on seventeen years clean and sober.

Wellsprings Village, Inc. **Board of Directors** 

Honorary

Most Reverend Joseph Fiorenza, Emeritus

Sister Justin Farinella, O.P. Sister Rita Owens, O.P.

#### President

Carole Updyke Vice President Keith Zarker Treasurer Tim Nolz Secretary Barbara Divine

#### Members

Sarah Austin-Morris Randall Fleming Mary Ann Geist Virginia Kazmierczak Mary Lou Kelly

### **Executive Director** Valerie Beckham

## Advisory Board

Marilyn Arendt Richard Dini Ann Ellis Larry Harris Sandee Lorenzo Horton George (Joe) Kurka, Jr. Mike McGlothlin Miriam Mitchell Meyers Robert M. Schick Anna Stool Al Vacek Jr. Sergio Weitzman Dianne Yeomans

#### **Operation Participate**

We would like to expand the current list of organizations that provide support for Wellsprings Village. We are

# Donations from February 1, 2013 to May 31, 2013 IN MEMORY and IN HONOR OF

Barbara Divine in memory of Rita Fason Rose Gaspari in memory of Donald Gaspari Patricia McCauley in memory of Rita Fason

Joe & Martha Pauler in memory of Mrs. Dixie Jackson and Mrs. Betty Vera

Julia Bendy in honor of Bishop Fiorenza

Julia Bendy in honor of Fr. Jacques Weber on the occasion of his 93rd birthday

Julia Bendy in honor of Sr. Benignus Galiano

Alice Calvin in honor of Joe & Carole Updyke

Virginia Case in honor of Sr. Justin & Sr. Rita Marie

Barbara Divine in honor of Fr. Thomas Mailloux CSB

August Galiano in honor of Justin Farinella

August Galiano in honor of Christin Anderson

Douglas Hillegeist in honor of Sr. Rita

Lloyd McChesney in honor of Joe & Caroline Lochridge

Joseph & Sharon Messa in honor of Barbara Divine

Robert & Rosemary Miller in honor of Carole Updyke

Robert & Phyllis Ottis in honor of Sr. Rita and Sr. Justin J. J. Purzer in honor of Barbara Divine

Carl & Augusta Anayma MaryAnn Geist Anonymous Donor Charles & Darla Giammalva Linda Andrews Janet Giannoni Joe & Catherine Giardina Dr. Paulette Arana Marilyn Arendt James and Kathleen Grossman T.L. & Katherine Aubin Patricia Hall Angeline Barber Sandra Horton Leon & Dorothy Bienski Suzanne Jankowski Francene & Charles Brenning Michael & Tamara Kaye Johnson Gerald & Virginia Kazmierczak Philip Boudreaux Alfred & Mary Boulos Bernadette Keating Michael & Ann Brzezinski William & Mary Lou Kelly Walburga Bullock Dianne Kempf Alice Calvin George & Judith Kurka Griselda Calderon-Hamby Kathleen Kuzik Sylvia Cameron Mary Ann LeBlanc Mary Lee Margaret Carter Robert Chenoweth John Levett Susan Clark Clara Lyons Harold & Joan Denkler Nerina Lyons Louis Disioudi Arnold and Lois Maldonado Barbara Divine Marek Family Foundation JoAnn Egeland Kathleen May Christine Eheman Patricia McCauley Ann Ellis Llovd McChesnev Gary and Nancy Ellison Martha Mills Sandra Farrar Robert & Rosemary Miller Jerome & Barbara Fertitta James & Marie Mitchell Randall & Barbara Fleming Sarah Austin Morris

James & Glenna Floyd

Jo Ann Fry

Diane Garza

Becky Pascual Anna Petrites Anne Pinion Judy Rust Elsie Ryan Marie Thome Scott Tiras Patrice Ward

Andrew Quinn Tom & Christina Quinn Hugh & Elizabeth Raetzsch **Dolores Roberts** Charles & Mary Roe Edward Robicheaux Fred and Cheryl Rowen Phillip & Carolyn Santamaria Arlene Schroeder Sheri Sheridan JoAnn Satterfield Earl & Belinda Sherrouse Mary Singleton Joseph & Jane Smith Terry & Mark Stracke L. Mauro Strauch Margaret Thomas Rov & Gloria Tristan Joe & Carole Updyke United Way of Southeastern Michigan Sergio Weitzman Kathryn L. Wilson Dianne Yeomans Keith & Mary Alice Zarker

deeply appreciative of the monetary and in-kind support you currently provide. To enlarge the number of our contacts, we ask that you give names of other organizations in which you participate. We will contact your organization and request support. We will identify you in the request to your organization unless you prefer otherwise. It would be helpful if a contact person in the organization were identified. Any organization is a candidate for support. Prospective organizations include but are not limited to: Faith organizations, (Church, Synagogue, Mosque etc.), Service organizations (Rotary, Kiwanis etc.), Fraternal organizations (Sororities, Fraternities, Knights of Columbus, Masons, etc.), Place of employment (including matching fund plans) and other similar groups. This area is an important support source for WVI and the Board of Directors deeply appreciates your responses to this request. Contact Desmond Startin in our office (713-529-6559) with your information. We look forward to hearing from you. Thank you.

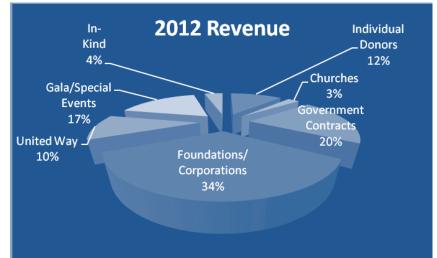
Linda Morris-Brogan

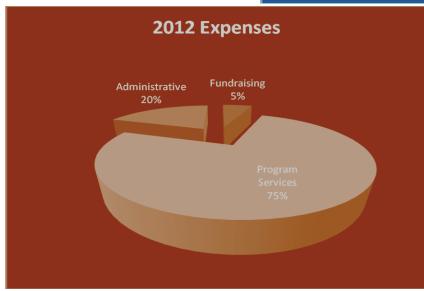
Paul & Mary Nelson

Mary Lou O'Brien

### FUNDING...

Wellsprings Village, Inc. was fortunate to receive funding from the following sources: United Way of Greater Houston, Housing and Urban Development (HUD), Child Care Council of Greater Houston, Emergency Food and Shelter Program, TDHCA, foundations, churches, individual donors and special fundraising events.







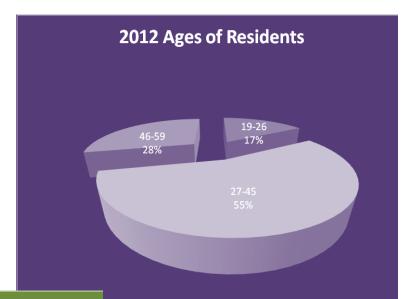
## Wellsprings Village 2012 Annual Report

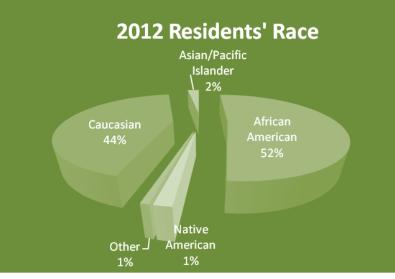
#### THE BOARD...

Wellsprings Village, Inc. has been blessed with members dedicated to the mission of Wellsprings, "To provide a safe, growthful environment for homeless and abused women. We seek to empower them to become economically, emotionally, self-sustaining, contributing members of society". The Executive Director of Wellsprings Village, Inc. is Valerie Beckham. The Board membership as of December 31, 2012 consisted of the following: Most Reverend Joseph Fiorenza (Honorary), Sister Justin Farinella (Emeritus), Carole Updyke (President), Keith Zarker (Vice President), Tim Nolz (Treasurer), Barbara Divine (Secretary), Mary Ann Geist, Virginia Kazmierczak, Mary Lou Kelly, Sarah Austin-Morris and Randall Fleming. The board meetings are held on the third Wednesday of each month beginning at 12:00 p.m. These meetings take place at the Wellsprings Village, Inc. administrative office. The Wellsprings Village, Inc. Advisory Board had been established at the direction of the Wellsprings Village Board of Directors. The charter members of this Advisory Board are Marilyn Arendt, Richard Dini, Ann Ellis, Larry Harris, Ray Holtzapple, Sandra Lorenzo-Horton, George Kurka Jr., Miriam Mitchell Meyers, Mike McGlothlin, Robert M. Schick, Anna Stool, Al Vacek Jr., Sergio Weitzman and Dianne Yeomans. The mailing address for Wellsprings Village, Inc. is Post Office Box 311017, Houston, Texas 77231.

#### THE RESIDENTS IN 2012...

Wellsprings Village, Inc. served 126 women in the onsite transitional residence program. The residents were diverse in background, in culture, and in race, which included African-American, Caucasian, Hispanic, Asian/Pacific Islander, and Native American. Some stayed only a short time and others needed a longer period of time.





Wellspring Village provides housing and services to the homeless, abused, and distressed women of our community. Through housing assistance and supportive services, Wellsprings helps homeless and abused women make significant lifestyle changes that will allow them to rise from the ashes of despair and hopelessness to a life of productivity and self worth. Our programs provide strength, education, support and hope.

In 1988, Sister Rita Owens, O.P. and Sister Justin Farinella, O.P., answered the prayers of hundreds of homeless women in the Houston area. The Dominican Sisters founded Wellsprings and established its mission:

"To provide a safe growthful environment for homeless and abused women. We seek to empower them to become economically, self-sustaining, contributing members of society."

They recognized that, although emergency shelters meet the immediate needs of women with nowhere to go, they do not end the destructive cycles of domestic violence, substance abuse, and poverty that led them into homelessness. Wellsprings was founded in response to the need for long term housing and services for these women.

Wellsprings has opened its doors to over one thousand women since 1988.

#### THE WELLSPRINGS SOLUTION...

Wellsprings offers programs that include education and life-skills training in a safe, affirming environment, giving homeless women the chance at the lives they deserve – lives of independence, self respect and freedom.

Upon entering Wellsprings, a woman is assigned a client advocate who offers continuous contact, support, and motivation during her stay. Each resident's situation requires individualized care that directly addresses the reasons she became homeless; whether it be domestic violence, substance abuse, poverty, or combinations of these reasons.

#### Wellsprings offers programs for its clients that provide:

Case management;

Transportation in the form of bus passes and a van ride to/from nearby bus stops;

Clothing, personal supplies, household items, and household furnishings; and

Counseling (individual & group);

Life skills workshops;

Spiritual growth & development.

#### The program requires the women to:

Engage in development and implementation of service plan goals and objectives that target education & employment;

Attend individual and/or group counseling sessions to address the root causes of their self destructive behaviors and encourage new coping skills; and

Learn life skills that emphasize time and financial management so that they can responsibly manage their daily lives.

Wellsprings considers a resident's departure a "successful exit" when they have obtained viable job skills, secured full time employment, learned to apply new life skills, and have established a savings account. Wellsprings conducts periodic Client Evaluation Surveys to assess the advantages of program services as well as to gain feedback from the resident regarding the services offered and what is most beneficial in order for them to complete the program successfully.

#### PROGRAMS ADMINISTERED BY WELLSPRINGS...

The Wellsprings Village is an On-Site Transitional Housing Program is a comprehensive transitional housing development project that is built on a three acre tract of land in Houston, Harris County, Texas. This location is the permanent site that provides a safe, nurturing environment for the homeless and disadvantaged women of our community. This may include women who have histories of substance abuse, domestic violence, or both, but do not have children in their immediate care. In this program, the women share living quarters and 24-hour staff remains on property to supervise the residents. There, they have constant access to the tools necessary to become self-sufficient. The aim is to help these women take charge of their lives and their futures within a twenty-four month period or less and to never again find themselves without the tools needed to obtain gainful employment and stable housing.

After completing the core requirements of the program, the women receive job-search assistance and professional development. Once they have secured full-time employment, they are required to save a portion of their income to prepare them for their transition to self-sufficiency. Upon exiting the program, our clients receive assistance locating an apartment and setting up their households.

#### At capacity 48 women benefit from the On-Site Transitional Housing Program.

#### STAFFING...

The staff as of December 2012, consisted of the following: Valerie Beckham (Executive Director), Desmond Startin (Financial Administrator), Alonda Scott (Client Advocate/Program Liaison), Ann Taylor (Part-Time Client Advocate), Cheryl Pratts (Resident Coordinator), Monique Douglas (Lead Technician), Nirra Lockhart (Part-Time Technician/Client Advocate), Stephanie Fowler-Islas (Part-Time Technician/Client Advocate), Charlotte Hypolite (Part-Time Technician), Donna Lucas (Part-Time Technician), Charisse Lewis (Part-Time Technician), Arlene Montgomery (Part-Time Technician), Juanicia Lee (Part-Time Technician) and John Glover (Night Patrol).

#### VOLUNTEERS...

120 unduplicated volunteers contributed 3,810 hours of service. These community members dedicated and committed to the mission of Wellsprings, provided leadership, spent many hours raising funds, and organized special events for the women. Volunteers also painted the interior of the clients' homes and administrative building. At the time of painting, the administrative building received new laminate wood floors as well.